

Involvement and Belonging

A Research Report from the 2024 Student Life Survey

Columbus Campus

Center for the Study of Student Life

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The Ohio State University

EXECUTIVE SUMMARY

This report explores the involvement, engagement and sense of belonging on campus of undergraduate, graduate and professional students at The Ohio State University. Data for this report are from the 2024 Student Life Survey. In January 2024, 9,000 students on the Columbus campus were surveyed, out of which 1,488 responded, resulting in a response rate of 16.5%. A sample of 5,500 undergraduate students were surveyed; 15.5% responded (n = 850). A sample of 3,500 graduate and professional students were surveyed; 18.2% responded (n = 638). Data were weighted to be representative of the full Ohio State population.

INVOLVEMENT

78.7% of all Ohio State students report being involved with at least one campus activity, including 80.1% of undergraduate students, 72.9% of graduate students and 79.6% of professional students.

Top campus activities among undergraduate students	Top campus activities among graduate students	Top campus activities among professional students
Student organizations (57.1%)	Research with a faculty member (41.3%)	Student organizations (59.9%)
Working at an on-campus job (26.6%)	Student organizations (22.5%)	An ongoing service/volunteer program (25.4%)
A one-day service event (19.6%)	Working at an on-campus job (21.2%%)	A one-day service event (24.6%)
An ongoing service/volunteer program (19.5%)	A capstone project or experience (17.8%)	Research with a faculty member (16.2%)

SENSE OF BELONGING: UNDERGRADUATES

- Undergraduate students who were involved with on-campus activities had significantly higher sense of belonging scores on average (3.05) compared to undergraduate students who were not involved with on-campus activities (2.70).
- Compared to undergraduate students who were not involved, undergraduate students who were involved with campus activities were:
 - **1.7** times more likely to feel a sense of belonging at Ohio State.
 - **1.9** times more likely to have relationships with other Ohio State students.
 - **1.8** times more likely to have relationships with Ohio State faculty.

SENSE OF BELONGING: GRADUATE AND PROFESSIONAL STUDENTS

- Graduate and professional students who were involved with campus activities had significantly higher sense of belonging scores on average (3.11) compared to graduate and professional students who were not involved with campus activities (2.87).
- Compared to graduate and professional students who were not involved, graduate and professional students who were involved with campus activities were:
 - **2.4** times more likely to have relationships with other Ohio State students.
 - 2.8 times more likely to have relationships with Ohio State faculty.
 - 2.4 times more likely to have relationships with Ohio State staff.

This report explores the involvement, engagement and sense of belonging of students at The Ohio State University. Involvement in on-campus activities during college plays a critical role in student success, from bolstering a student's sense of belonging to increasing retention and academic success (Tinto, 2006-2007; Morrow & Ackermann, 2012). Involvement fosters experiential learning during college, which is linked to getting a good job after graduation, workplace engagement, overall well-being and alumni attachment (Gallup, 2014).

METHODS

The Student Life Survey is administered annually by the Center for the Study of Student Life to examine trends in student engagement, sense of belonging and satisfaction with the college experience. The 2024 Student Life Survey was administered to a stratified, random sample of 9,000 Ohio State students at the beginning of spring semester (January 2024). This sample comprised 5,500 undergraduate students and 3,500 graduate and professional students, all on the Columbus campus. A total of 1,488 students responded to the survey, resulting in an overall response rate of 16.5%. The response rate was 15.5% among undergraduate students and 18.2% among graduate and professional students. See Appendix A for a summary of respondents' demographic and academic characteristics.

Data were broken down by students' educational level (undergraduate, graduate and professional). Data from 850 undergraduate students, 502 graduate students and 136 professional students are included in this report. Demographics of the students included in the report did not substantially vary from the overall Student Life Survey sample. Note that not all students who completed the survey answered every question, resulting in different totals for some questions.

WEIGHTING PROCEDURE

Responses were weighted to address differences between the demographic characteristics of the survey respondents compared to the general student population at Ohio State in the spring semester of 2024. Weights were adjusted so the survey data are representative of the student population at Ohio State. For example, 62.6% of survey respondents in the Student Life Survey were female, but 52.4% of the total population at Ohio State was female. The rake weight procedure adjusts for the over-representation of female students in the data to make responses more reflective of the student population, thus making the data more generalizable to Ohio State students. The procedure adjusted the base weight to the demographic data available on the sampling frame using sex, race/ethnicity and student status (i.e., undergraduate, graduate student or professional student). Weighted and unweighted demographic data for survey respondents is available in Appendix A.

FINDINGS

CAMPUS INVOLVEMENT

The percentage of involved students was calculated by examining participation across thirteen different types of campus activities and community service. Among all respondents, 78.7% report being involved in at least one of thirteen types of involvement. More specifically, 80.1% of undergraduate students, 72.9% of graduate students and 79.6% of professional students reported being involved. The tables below summarize campus activities and community service involvement. Undergraduate students were most likely to be involved with a student organization (57.1%) and working at an on-campus job (26.6%). Graduate students were most likely to be involved in research



with a faculty member (41.3%) and working at an on-campus job (21.2%). Professional students were most likely to be involved in student organizations (59.9%) and ongoing service or volunteer programs (25.4%).

Table 1: Campus Involvement by Educational Level

	Undergraduate students (<i>n</i> = 838)	Graduate students (<i>n</i> = 495)	Professional students (<i>n</i> = 134)
A social fraternity or sorority	8.7%	1.2%	4.6%
A business fraternity or sorority	2.3%	0.4%	2.3%
Intramural sports	11.2%	1.6%	11.1%
Sports clubs	8.7%	3.7%	2.3%
Student organizations (e.g., Psychology Club, Running Club, Black Student Association)	57.1%	22.5%	59.9%
Research with a faculty member	11.3%	41.3%	16.2%
Working at an on-campus job	26.6%	21.2%	5.4%
A learning community in the Residence Halls (e.g., Engineering House, Stadium Scholarship Program, Morrill Scholars Program, Global Business)	7.4%	0.0%	0.0%
A capstone project or experience (e.g., senior thesis, portfolio, doctoral dissertation)	8.3%	17.8%	2.3%

Table 2: Community Service Involvement by Educational Level

	Undergraduate students (<i>n</i> = 806)	Graduate students (<i>n</i> = 492)	Professional students (<i>n</i> = 130)
An academic course with a service-learning component	7.9%	6.8%	12.2%
A one-day service event	19.6%	11.4%	24.6%
Multi-day service event (e.g., Buck-I-SERV, a church or club-based service trip)	5.6%	2.9%	6.1%
An ongoing service/volunteer program (e.g., volunteered at a community organization once a month or more)	19.5%	9.8%	25.4%

SENSE OF BELONGING AND INVOLVEMENT: UNDERGRADUATES

To examine the association between involvement and one's attitudes about and sense of belonging, chi-square tests of independence and logistic regressions were employed. A student was coded as involved if they participated in at least one of the thirteen activities illustrated in Tables 1 and 2.

First, associations between student responses and involvement status were examined. Second, logistic regression analyses were used to determine if the association between involvement and student outcomes remained after taking into account demographic and academic characteristics. Control variables included gender identity, race/ethnicity, international student status, living on campus, academic rank, cumulative GPA and first-generation student status. These analyses suggest that involvement had strong associations with students' sense of belonging, even when controlling for demographic and academic factors.



Table 3: Undergraduate Involvement and Belonging

% Agree or Strongly Agree	Involved	Not Involved	X ²	Odds Ratioª
I feel a sense of belonging at Ohio State	87.9%	72.2%	23.1***	1.7*
I feel that I am a member of the Ohio State community	88.8%	76.3%	16.0***	1.5
I have relationships with other Ohio State students	93.3%	70.1%	65.0***	1.9**
I have relationships with Ohio State faculty (e.g., professors)	68.3%	43.9%	24.3***	1.8**
I have relationships with Ohio State staff (e.g., academic advisors, hall directors, Student Life employees)	65.4%	43.9%	12.6***	1.6*
I participate in Ohio State traditions	75.5%	61.7%	11.7***	1.4
My experiences at Ohio State have helped me to set professional goals.	90.7%	84.0%	5.6*	1.3
I have developed as a leader during my time at Ohio State.	77.2%	58.8%	21.4***	1.6*
During my time at Ohio State, wellness (i.e., physical, mental and emotional health) has become more important to me.	86.6%	78.6%	6.3*	1.4
Academic programs at Ohio State meet my needs.	90.5%	90.5%	0.0	1.0
Programs and services at Ohio State meet my needs (e.g., support offices, student activities).	89.4%	83.4%	4.5*	1.5*
I would recommend Ohio State to other students.	92.8%	91.6%	0.2	1.1
Overall, I am satisfied with my experiences at The Ohio State University.	90.7%	88.4%	0.7	1.1

^a Results from logistic regression controlling for, or taking into account: gender, race, international status, living on campus, academic rank, cumulative GPA and first-generation student status.

SENSE OF BELONGING AND INVOLVEMENT: GRADUATE AND PROFESSIONAL STUDENTS

A similar set of analyses employing chi-square tests of independence and logistic regressions were used to examine how involvement shapes graduate and professional students' sense of belonging and perceptions of Ohio State. As with the previous set of analyses, associations between student responses and involvement status were first examined. Second, logistic regression analyses were used to determine if the association between involvement and student outcomes remained after taking into account demographic and academic characteristics. Control variables included gender identity, race/ethnicity, international student status, graduate/professional status, cumulative GPA and first-generation student status. Due to small sample sizes, graduate and professional students were analyzed together rather than separately.

As Table 4 demonstrates, the relationship between graduate and professional student involvement and sense of belonging was strong, particularly for the items related to relationships with other Ohio State students and faculty.



% Agree or Strongly Agree	Involved	Not Involved	X ²	Odds Ratio ^a
I feel a sense of belonging at Ohio State	82.7%	84.2%	0.1	1.3
I feel that I am a member of the Ohio State community	86.2%	86.5%	0.1	1.5
I have relationships with other Ohio State students	89.4%	87.1%	3.2	2.4***
I have relationships with Ohio State faculty (e.g., professors)	89.1%	81.4%	16.2***	2.8***
I have relationships with Ohio State staff (e.g., academic advisors, hall directors, Student Life employees)	68.6%	60.0%	13.8***	2.4***
I participate in Ohio State traditions.	56.7%	57.5%	2.0	1.2
My experiences at Ohio State have helped me to set professional goals.	94.1%	89.1%	4.2*	2.1***
I have developed as a leader during my time at Ohio State.	75.7%	71.8%	0.9	1.3
During my time at Ohio State, wellness (i.e., physical, mental and emotional health) has become more important to me.	83.6%	76.1%	3.9*	1.8**
Academic programs at Ohio State meet my needs.	90.9%	92.9%	0.6	1.2
Programs and services at Ohio State meet my needs (e.g., support offices, student activities).	88.3%	86.1%	0.5	1.2
I would recommend Ohio State to other students.	92.3%	93.1%	0.1	1.3
Overall, I am satisfied with my experiences at The Ohio State University.	91.9%	90.5%	0.3	1.4

Table 4: Graduate/Professional Student Involvement and Belonging

^a Results from logistic regression controlling for, or taking into account: gender, race, international status, graduate/professional status, cumulative GPA and generational status.

OVERALL BELONGING SCORES

The final set of analyses examined variations in students' average sense of belonging. To obtain a mean score, select items from Table 3 and Table 4 were used to create a sense of belonging scale. Table 5 illustrates which items were incorporated into the scale and shows the association of the individual scale items with educational level using chi-square tests of independence. Additional analyses demonstrated that the items had an acceptable reliability score ($\alpha = 0.81$) and loaded onto a single factor, indicating this is a reliable scale for measuring sense of belonging. Each item was a four-point Likert question (i.e., Strongly Disagree to Strongly Agree), meaning that a minimum possible score was one, and a maximum possible score was four. Students were given a score if they answered at least four out of the five questions on the belongingness scale.

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% Agree or Strongly Agree	Undergraduate students	Graduate students	Professional students	Statistical Significance
I feel a sense of belonging at Ohio State	84.8%	81.6%	86.3%	
I feel that I am a member of the Ohio State community	86.3%	84.7%	89.3%	
I have relationships with other Ohio State students	88.7%	87.0%	91.4%	
I have relationships with Ohio State faculty (e.g., professors)	63.5%	85.0%	88.9%	***
I have relationships with Ohio State staff (e.g., academic advisors, hall directors, Student Life employees)	61.3%	65.4%	65.9%	*

Table 5: Sense of Belonging Scale Items by Educational Level

Note. The sample included n = 814-815 undergraduate, n = 483-484 graduate and n = 131-132 professional students.

Figure 1 and Figure 2 below summarize the average belonging scores by level of involvement as well as the statistical significance of the results. Undergraduate students who were involved in at least one of the thirteen activities in Table 1 had a significantly higher average belonging score than students who were not involved with on-campus activities. Similarly, graduate and professional students who were involved in at least one activity had a significantly higher average belonging score than students who were involved with on-campus activities.

Figure 1: Average Undergraduate Belonging Scores



Figure 2: Average Graduate and Professional Student Belonging Scores



CONCLUSION

This report provides valuable information for understanding students' sense of belonging and activity involvement at Ohio State, as well as the relationship between these two variables. Nearly three out of four undergraduate, graduate and professional students reported being involved in at least one campus activity at Ohio State. Over half of undergraduate students reported being involved with a student organization, and over one quarter had an on-campus job. Over two out of five of graduate students were involved with research with a faculty member, and nearly three out of five of professional students were involved with a student organization.

Undergraduate activity involvement was generally associated with higher sense of belonging among undergraduate students, particularly for building relationships with other Ohio State students, faculty and staff and participating in Ohio State traditions. This suggests that involvement is influential for shaping sense of belonging among undergraduate students.

Involvement was also related to graduate and professional student sense of belonging. For these students, involvement was positively related to having relationships with other Ohio State students faculty, and staff. Graduate and professional students who were involved were also more likely to participate in Ohio State traditions, feel that their experience at Ohio State helped them set professional goals, and that their wellness had become more important to them during their time at Ohio State.

Overall, this report reinforces the importance of examining sense of belonging and activity involvement across all educational levels. Ohio State should continue to emphasize co-curricular student involvement for student development, academic growth and retention.

REFERENCES

Gallup. (2014). Great jobs, great lives: The 2014 Gallup-Purdue Index report. Washington, D.C. Morrow, J., & Ackermann, M. (2012). Intention to persist and retention of first-year students: The importance of motivation and sense of belonging. College Student Journal, 46(3), 483-491.

Tinto, V. (2006-2007). Research and practice of student retention: What next? *Journal of College Student Retention: Research, Theory & Practice 8(1),* 1-19.

APPENDIX A: PARTICIPANT DEMOGRAPHICS

Note: Participant demographics below represent all respondents in the 2024 Student Life Survey.

	Un	dergraduate	Students	Graduate Students			Pr	ofessional S	Students
	n	Un- weighted Percent	Weighted Percent	n	Un- weighted Percent	Weighted Percent	n	Un- weighted Percent	Weighted Percent
Total	850			502			136		
Academic Level	848						_		
First-year undergraduate	232	27.4%	28.2%	_	—		_	—	—
Second-year undergraduate	203	23.9%	24.0%		_	_	_	—	—
Third-year undergraduate	204	24.1%	23.5%		_	_	_	—	—
Fourth-year undergraduate	172	20.3%	19.6%		_	_	_	—	—
Fifth-year or beyond undergraduate	37	4.4%	4.6%	_	_	_	_	_	_
Gender Identity	850			502			136		
Man	306	36.0%	45.8%	179	35.7%	44.3%	36	26.5%	35.5%
Non-binary	11	1.3%	1.2%	11	2.2%	2.2%	1	0.7%	0.7%
Woman	499	58.7%	49.2%	300	59.8%	51.0%	96	70.6%	61.6%
Another identity not listed	5	0.6%	0.5%	2	0.4%	0.3%	1	0.7%	0.6%
Multiple identities selected	19	2.2%	2.0%	3	0.6%	0.6%	1	0.7%	1.0%
Prefer not to answer	10	1.2%	1.3%	7	1.4%	1.6%	1	0.7%	0.6%
Transgender Identity	846			500			135		
Transgender	15	1.8%	1.7%	9	1.8%	1.8%	2	1.5%	1.4%
Cisgender	814	96.2%	96.4%	483	96.6%	96.6%	132	97.8%	98.0%
Prefer not to answer	17	2.0%	1.8%	8	1.6%	1.6%	1	0.7%	0.6%

	Un	dergraduate	Students		Graduate St	udents	Professional Students		
	n	Un- weighted Percent	Weighted Percent	n	Un- weighted Percent	Weighted Percent	n	Un- weighted Percent	Weighted Percent
Race/Ethnicity	850			502			136		
Black and/or African American	49	5.8%	6.7%	50	10.0%	11.3%	9	6.6%	8.3%
Asian/Asian American, Pacific Islander, Desi American, and/or Native Hawai'ian	122	14.4%	12.7%	108	21.5%	17.8%	23	16.9%	15.8%
Latine and/or Hispanic	20	2.4%	2.3%	28	5.6%	5.0%	4	2.9%	2.8%
Middle Eastern and/or North African (MENA)	18	2.1%	2.0%	23	4.6%	4.2%	6	4.4%	4.5%
White and/or European American	525	61.8%	61.8%	222	44.2%	47.0%	80	58.8%	58.4%
Multiracial and/or Biracial	77	9.1%	9.9%	38	7.6%	8.7%	9	6.6%	6.8%
Another identity not listed	2	0.2%	0.3%	2	0.4%	0.5%	1	0.7%	0.5%
Prefer not to answer	37	4.4%	4.3%	31	6.2%	5.5%	4	2.9%	3.0%
Sexual Orientation	844			501			135		
LGBQ+	195	23.1%	22.5%	113	22.6%	22.6%	27	20.0%	19.6%
Heterosexual/straight	616	73.0%	73.7%	361	72.1%	72.2%	105	77.8%	77.8%
Prefer not to answer	33	3.9%	3.8%	27	5.4%	5.2%	3	2.2%	2.6%
Generational Status	850			502			136		
First-generation student	189	22.2%	22.0%	122	24.3%	24.0%	17	12.5%	12.4%
Continuing-generation student	645	75.9%	76.3%	248	49.4%	48.9%	56	41.2%	40.3%
Unknown	16	1.9%	1.7%	132	26.3%	27.2%	63	46.3%	47.3%
Disability	847			501			134		
Has a disability	82	9.7%	9.8%	54	10.8%	12.0%	10	7.5%	6.8%
Does not have a disability	728	86.0%	86.0%	430	85.8%	84.6%	121	90.3%	91.3%
Prefer not to answer	37	4.4%	4.2%	17	3.4%	3.5%	3	2.2%	1.9%

	Undergraduate Students Gr			Graduate St	udents	Professional Students			
	n	Un- weighted Percent	Weighted Percent	n	Un- weighted Percent	Weighted Percent	n	Un- weighted Percent	Weighted Percent
Education Route	848			_			_		
Campus change	55	6.5%	6.8%		_	_	_		_
Transfer student	142	16.8%	16.6%	_	_	_	_	_	_
Continuing Ohio State student	651	76.8%	76.7%	_	_	_	_	_	_
Residence	846			501			136		
On-campus	361	42.7%	42.6%	15	3.0%	2.3%	4	2.9%	2.7%
Off-campus	480	56.7%	56.7%	483	96.4%	97.0%	131	96.3%	96.7%
Sorority or fraternity housing	5	0.6%	0.7%	3	0.6%	0.8%	1	0.7%	0.6%